



**MAHARSHI DAYANAND UNIVERSITY ROHTAK
YOUTH RED CROSS**

Bulletin of Information and Brief Report
(From 1st August 2014 to 31st July 2015)



DONATE BLOOD



SAVE-LIFE



Sir Jean Henry Dunant
FOUNDER OF RED CROSS

HIV/AIDS



SAFETY-SAVES

HEALTH - SERVICE - FRIENDSHIP



**YOUTH
RED CROSS**

REPORT OF YRC ACTIVITIES, UNIVERSITY YOUTH RED CROSS

(Session : 2014-15)

1. Meeting of Youth Red Cross Committee M.D. University Rohtak.

A meeting of Youth Red Cross Committee M.D. University Rohtak was held on 2-9-2014 under the Chairmanship of Er. H.S. Chahal, the then Vice Chancellor cum Chairman Youth Red Cross Committee, M.D. University Rohtak in the conference hall of Vice Chancellor's office. The Programme Co-ordinator Youth Red Cross Committee welcomed the Chairman and other members. The Chairman released the Bulletin of Information and brief report of Youth Red Cross for the year 2013-2014. The Chairman and members appreciated the initiative taken by Programme Co-ordinator for bringing out this bulletin. The Programme co-ordinator gave a brief power point presentation relating to the Youth Red Cross and its activities which was appreciated by all. In addition to this income and expenditure for the year 2013-2014, tentative Budget, Activity Calendar for year 2014-2015, and other resolutions were approved in the meeting. Meeting was attended by 17 members including Zonal Conveners and Hony. Secretary Indian Red Cross Society Haryana State Branch Chandigarh.

2. Blood Donation Camp at Institute of Management Studies and Research (IMSAR), M.D.U. Rohtak.

M.D. University, Youth Red Cross, organised a blood donation camp in collaboration with IMSAR, M.D.U. Rohtak, on 1-10-2014. The Camp was inaugurated by Er. H.S. Chahal, the then Vice Chancellor cum Chairman Youth Red Cross Committee. He motivated the students for donating blood and appreciated the efforts of University Youth Red Cross for arranging such camps. Prof. Radhey Shyam, Programme Co-ordinator, YRC, Prof. Neelam Jain, Director IMSAR, Dr. Babita Khosla, Dr. Govind Singh, and staff member of IMSAR employees of Youth Red Cross office and students from different departments were present. Ninety six (96) volunteers donated blood in this camp. The donors were presented badges by the chief guest. Dr. Jagdeep Singla, Asstt. Prof. IMSAR Co-ordinated the organization of the camp.

3. University Level One Day workshop on Cyber Security

University Youth Red Cross organized a one day workshop on Cyber Security in Tagore Auditorium on 30-09-2014. About 2000 Youth Red Cross Volunteers from UTD, local colleges and university employees (Teaching and Non-Teaching) participated in the workshop. Sh. Rakshit Tandon, a well known Cyber Security expert conducted the workshop. The workshop was highly useful and every one took keen interest in it. The workshop was inaugurated by co Vice Chancellor cum-Chairman Youth Red Cross Committee. Dean Academic Affairs, Prof. Ravinder Vinayak, Dean Colleges Prof. Indira Dhull, Director Public Relations, Sh. Sunit Mukherjee, Deans of Faculties and Heads of different departments were present. Program Co Ordinator YRC welcomed the Key Speaker, Chief Guest and other Guests.



4. University Level Disaster Management Workshop for Principals, YRC, Counsellors and Volunteers 19-11-2015.

A one day University Level Disaster Management Workshop for Principals, YRC Counsellors and volunteers, was organized on 19-11-2014, at Radha Kirshnan Shabagar, M.D.U. Rohtak. The workshop was inaugurated by Prof. S.K. Gakhar, Vice Chancellor Ch. Bansi Lal University Bhiwani, and workshop was presided over by Er. H.S. Chchal, Vice Chancellor, M.D.U. Rohtak. The resource persons in the workshop were:-

1. Dr. Rajbir Singh, Professor of Psychology and Dean Students Welfare, M.D.U. Rohtak.
2. Dr. Abhay Kumar Shrivastva, Associate Professor, HIPA, Gurgaon.
3. Dr. Sujata Satpathy, (Formerly at NIDM, Delhi) AIIMS, Delhi.
4. Sh. Laxman Singh, Ex DSO (Delhi) and an expert in rescue operations.

Mock Fire Drill was also arranged by Distt. Fire Office Rohtak and Mock Drill of First Aid and Rescue Operations was arranged by District. Home Guards, Rohtak. This workshop was very useful for Principals, Red Cross Counsellors and volunteers in all aspects. More than 500 delegates from various colleges affiliated with M.D.U. Rohtak, Secretary of various District Red Cross Branches, Faculty and Youth Red Cross volunteers of UTD, M.D.U. Rohtak attended the said work shop. Presentation of each resource person was very informative, knowledgeable and useful and was appreciated by the delegates.

5. First Aid and Home Nursing Training to M.D. University Youth Red Cross Volunteers.

It is well known fact that First-Aid training in this 'Machine Yug' is very important and beneficial. Keeping in view the importance of it a First-Aid training camp was organized by M.D. University Youth Red Cross, in Youth Red Cross office from 10-11-2014 to 15-11-2014. The camp was inaugurated by Dr. V.K. Jain Pro. Vice Chancellor, Pt. B.D. Sharma University of Health Sciences Rohtak, Sixty five (65) students from different departments of M.D.U. Rohtak attended the said training programme. Training programme was 100% free and all expenses were borne by Y.R.C. office. Sh.D.S. Saini, Lecture in First-Aid & Home nursing imparted the training to the students.

6. First Aid and Home Nursing Training to M.D. University Youth Red Cross Volunteers.

Keeping in view the importance of First-Aid training, and demand of volunteers 2nd First-Aid training camp was organized by M.D. University Youth Red Cross, in Youth Red Cross office from 17-11-2014 to 22-11-2014. Seventy (70) students from different departments of M.D.U. Rohtak attended the said training programme. Sh.D.S. Saini, Lecture in First-Aid & Home nursing imparted the training to the students. Training programme was 100% free and all expenses were borne by Y.R.C. office the training programme was inaugurated by Prof. Radhey Shyam, Programme Co-ordinator, YRC and Dr. Sunit Mukherjee, Director, Public Relation, M.D.U. Rohtak, was the Chief Guest on closing function of this training programme on 22-11-2014. He appreciated the efforts of Youth Red Cross in this field.

7. World Aids Day Awareness Campaign.

1st December is being observed as World AIDS Day throughout the world. Keeping in view the importance of World AIDS Day and to create awareness regarding HIV/AIDS among the students and masses an awareness programme was organized by the Youth Red Cross, M.D.U. Rohtak on 1-



12-2014. in collaboration with IHTM and Department of Education at IHTM Conference Hall, M.D.U. Rohtak. Prof. Asha Kadyan, the then Vice Chancellor, BPS, Mahila Vishvavidyalaya, Khanpur Kalan inaugurated the said function and Smt. Sharla Chahal, the then First Lady of M.D.U. Rohtak, presided over the function. Dr. Ashish Dahiya, Director of IHTM, welcomed the Guests and Prof. Radhey Shyam Programme Co-ordinator conveyed the vote of thanks to Guests and participants. To create awareness regarding HIV/AIDS among the masses, an awareness rally was also organised. Rally was flagged off by Prof. Asha Kadyan and Mrs. Sharla Chahal the then jointly. About 200 YRC volunteers participated in the said function and rally.



Seminar on the occasion of World AIDS Day



Rally on the Occasion of World AIDS Day

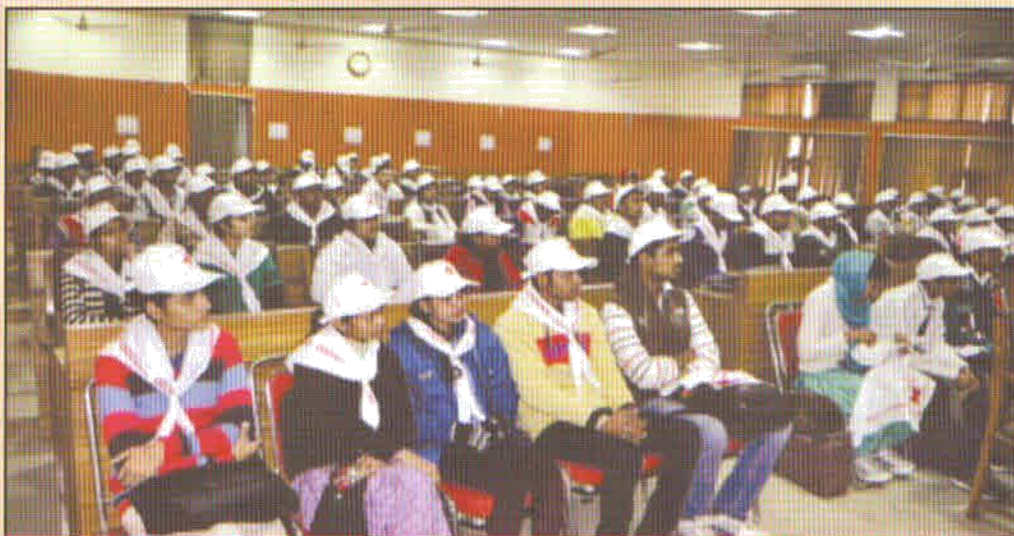
8. First Aid and Home Nursing Training to M.D. University Youth Red Cross Volunteers.

To impart First Aid Training to volunteers of YRC, MDU, Rohtak a training camp was organised by YRC, M.D.U, Rohtak from 5-1-2015 to 10-1-2015 at YRC, office, M.D.U. Rohtak. About 40 volunteers participated and got training in this camp. Camp was inaugurated by Prof. Radhey Shyam, Programme Co-ordinator YRC, M.D.U. Rohtak. This training was 100% free for students of M.D.U. Rohtak. Sh. D.S. Saini Lecture in First Aid and Home Nursing was resource person to impart training to the students. This training camp was useful for the volunteers.



9. University Level Seminar on Hygiene and Safe Drinking Water.

To create awareness regarding Hygiene and Safe drinking water among the students and staff of M.D.U. Rohtak a University level Seminar on Hygiene and Safe drinking water was organised by Youth Red Cross M.D.U. Rohtak on 9-1-2015 at D.D.E. Hall, M.D.U. Rohtak. About 200 Principals, YRC Counsellors and Volunteers participated in the said Seminar, Prof, Sunita Mahlothra, Dean Academic Affairs, M.D.U. Rohtak, inaugurated the said seminar and Prof. (Retd) Dr. R.S. Dahiya Department of Surgery and Prof. B.M.Vasistha, Department of Community Medicine, University of Health Sciences, Rohtak were the key resource persons. Prof. Radhey Shyam, Programme Co-ordinator YRC, welcomed the Chief Guest and other Guests and delegates. Sh. R.S. More Field Organizer, YRC, conveyed the vote of Thanks to guests and participants. Efforts of Dr. Babita Khoshla, Dr. Govind Singh, YRC Counsellor were appreciable. This Workshop was very useful and informative which was appreciated by the participants.



Participants in Health, Hygiene and Safe Drinking Water Workshop

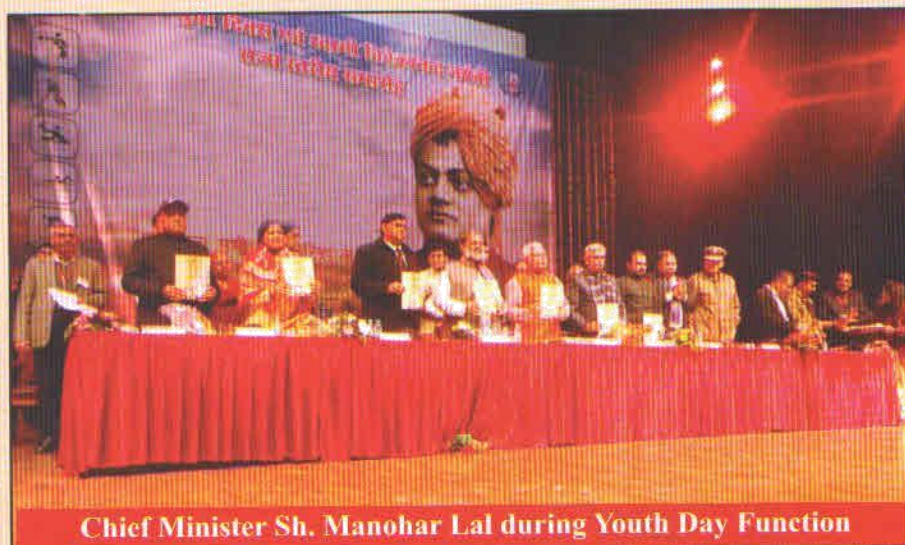


Prof. Sunita Malhotra Dean Academic Affairs addressing the participants



10. Celebration of 'Rastriya Yuva Diwas' on 12-1-2015.

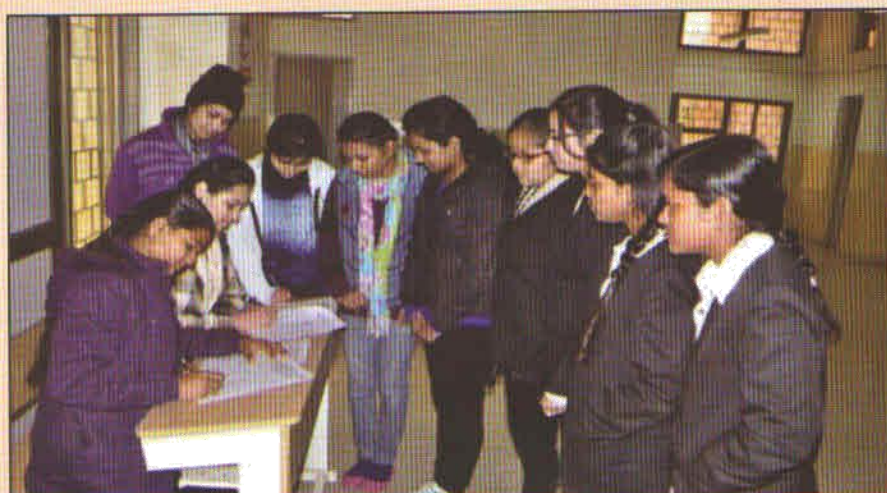
To recognise the services rendered by Swami Vivekanand to the nation, a state level function was organised at YRC office and then participated in the State level function in Tagore Auditorium, M.D.U. Rohtak on 12-1-2015. Sh. Manohar Lal Khatter, Honourable Chief Minister of Haryana was the Chief Guest and Sh. Anil Viz, Health Minister, Govt. of Haryana was the Guest of Honour, Er. H.S. Chahal welcomed the Chief Guest and other Guests and participants. More than 2000 YRC volunteers, NSS volunteers and Deans of Faculties, Heads of Departments, and faculty members of various colleges (affiliated with M.D.U. Rohtak) and UTD participated in this programme. State government officials were also present. Honourable Chief Minister expressed his views during his speech that Swami Vivekanand was a great personality and he was assets for our country. He motivated the students to follow the path shown by this great son of India. Sh. Anil Viz, and other dignitaries also expressed their views which were very impressive and informative, this programme was very useful for the volunteers.



Chief Minister Sh. Manohar Lal during Youth Day Function

11. Counselling Session for Personal Problems for Staff and Students of Colleges/ Institutes affiliated with M.D.U. Rohtak.

Keeping in view the importance / requirement of counselling session (as personal problems of students are increasing day by day) to sort out and help resolve personal problems of staff and students counselling sessions were arranged by Youth Red Cross, M.D.U. Rohtak on 15-1-2015. More than 25 students from various colleges and UTD attended the said counselling session. Prof. Promila Batra, Prof. Radhey Shyam, Prof. Sonia Malik and Dr. Naresh Sharma were the consultants in the counselling sessions.



Students getting registered for counselling

To make this counselling session successful efforts of Prof. Radhey Shyam, Programme Co-ordinator YRC, M.D.U. Rohtak, were appreciable. The counselling session was very useful for students to discuss their problems and to sort out the same.



12. Health Awareness Training Camp for YRC volunteers (Girls) at Udaipur from 20-1-2015 to 26-1-2015.

As per the decision of M.D. University Youth Red Cross Committee in its meeting held on 2-9-2014, an out of State health awareness /training camp for YRC volunteers (Girls) was organized in collaboration with District Red Cross Society, Udaipur from 20-1-2015 to 26-1-2015 at Shri Jin Dutt Suri Dharmshala, Surjpol, Udaipur. Thirty five(35) volunteers and staff members participated in this camp. Camp was inaugurated by Prof. Vijay Laxmi Chauhan former Head of Department of Psychology, and Dean Faculty of Social Sciences, M.L.S. University Udaipur. The basic aim of this camp was to provide training to the volunteer's i.e. to equip them with the skills and techniques which will help them in rendering service to the humanity. They were also exposed to the activities being done by their counterparts there. They visited M.L. Sunkhadia University, Udaipur, and District Red Cross Society Udaipur. The Hospital /Physiotherapy centre being run by District Red Cross Society Udaipur was also visited by the trainees. The trainees offered their services for one day to the above mentioned centre. The trainees also organised road safety and HIV/AIDS awareness rallies. In addition to this a sanitation awareness programme was also organised in collaboration with Nagar Nigam Udaipur and same was headed by Sh. Chander Singh Kuthari, Mahapor Nagar Nigam Udaipur, Prominent citizen's, member of various voluntary organizations and members of Nager Nigam participated in this programme.

The training camp was greatly helped by Academy Well Being, Udaipur which is involved in the promotion of health and well being of residents of Udaipur. Prof. Vijay Laxmi Chauhan, former Prof. & Head, Department of Psychology, M.L.S. University, Udaipur and Director, Academy of Well being, Udaipur was a source of inspiration to trainees. She offered every kind of help to make this camp useful to the students. She herself is an eminent social worker and looks after several activities and that helped our volunteers. She also managed to take the students to different Govt. and voluntary organizations doing service to society. M.D. University, Youth Red Cross is thankful to her for her support to the camp. Similarly, the efforts of Sh. Gajender Singh Secretary Distt. Red Cross, Society, Udaipur. and his colleagues also greatly supported the camp. YRC, M.D.U. is thankful to Sh. Gajender Singh and his colleagues. Dr. Kalpana Jain, Head Department of Psychology, M.L. Surkhadia University Udaipur arranged a visit of the volunteers at Psychology department and this provided an opportunity for the interaction of the volunteers with the students of the University. Prof. Radhey Shyam, Programme Co-ordinator, Youth Red Cross, M.D.U. Rohtak, also visited the camp. Dr. Raj Bala, Associate Professor, Hindu College of Education Sonapat, and Dr. Neelam Shoran Associate Professor, Govt College for Women Rohtak were the Teacher incharge of camp. Sh. R.S. More, Field Organizer YRC, Co-ordinated the activities conducted in the said camp.



YRC Volunteers in a session at Udaipur



Prof. Vijaya Laxmi Chauhan addressing the volunteers at Udaipur



13. Health Awareness /Training camp for YRC volunteers (Boys) at Jodhpur and Jaisalmer (Rajasthan) from 30-1-2015 to 5-2-2015.

University Youth Red Cross, M.D.U. Rohtak, organised a Health Awareness/ Training camp for Boys in collaboration with Distt. Red Cross Society, Jaisalmer from 30-1-2015 to 5-2-2015. at Youth Hostel Jodhpur and Mahaswari Dharamshala Jaisalmer. 35 YRC volunteers (Boys) from various colleges affiliated with M.D.U. Rohtak and two YRC counsellors Dr. B.S.Panwar Associate Professor and Dr. Deepak Lathwal Assistant Professor and three staff members participated in this camp. Camp was inaugurated by Sh. Manish Mehta, President Lions club, Jodhpur at Youth Hostel. Jodhpur. The main objective of this camp was to create awareness among the YRC Youth regarding history of Red Cross, environment protection, disaster management, First Aid, help to senior citizen, deal with old age ailments and other social problems and National and International like early marriage, dowry system, inter caste marriage etc. Various completions were organised during the camp and a visit to international Desert Festival which is organised by Rajasthan Government Village Sam. Fair was also visited and enjoyed by the students. Campers also visited various places nearby Jaisalmer. Thus camp was liked by the youths and was very useful for YRC volunteers.

14. Blood Donation Camp at YRC office M.D.U. Rohtak. on 16-2-2015.

Keeping in view the requirement of blood in Blood Bank. Medical College, Rohtak, a blood donation camp was organised by Youth Red Cross M.D.U. Rohtak at YRC office on 16-2-2015. This camp was inaugurated by Dr. Sarla Chahal first lady of M.D.U. Rohtak. She motivated the youth for Blood Donation and said that blood donation is a very important to save lives, therefore every youth should donate their blood at least two time in a year for the needy patients. 102 (one hundred two) YRC volunteers donated their blood in this camp. Prof. Radhey Shyam, Programme Coordinator YRC, welcomed the Chief Guest and appreciated the YRC, volunteers for taking part in the blood donation camp. To make this camp success efforts of Dr. Babita Khoshla, Dr. Govind Singh YRC counsellors and Sh. R.S.More Field Organizer, Balwan Singh Assistant YRC office, were appreciable.



Blood doners are honoured by Chief Guest

15. Blood Donation Camp at Department of Pharmaceutical Science M.D.U. Rohtak. on 26-2-2015.

University Youth Red Cross, M.D.U. Rohtak organised a voluntry blood donation camp on 26-2-2015 in Pharmaceutical Science department, in collaboration with Department of Pharmaceutical Science, Geography, Physics, Hindi, Statistics. The camp was inaugurated by Er.H.S. Chchal Vice Chancellor cum Chairman YRC Committee, M.D.U. Rohtak. Er. H.S.Chchal honoured the blood donors with blood donors badges and expressed his views on the said occasion . He said that Blood donation is very important and it is a life saving



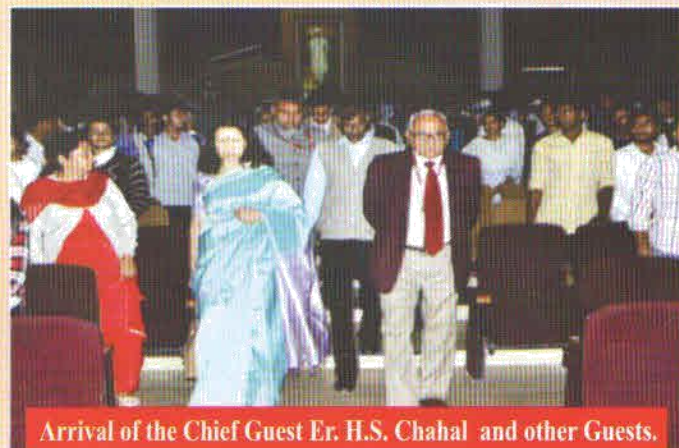
Blood doners are honoured by Chief Guest



programme, therefore every students should come forward for blood donation. One hundred twenty one (121) YRC volunteers donated their blood in this camp. Faculty members of the departments were also remained present during the camp to make this camp success. Prof. Radhey Shyam, Programme Coordinator YRC, Dr. Babita Khoshla, Dr. Govind Singh YRC Counsellors and Sh. R.S. More Field Organizer, Sh. Devendr Chahal, Secretary District Red Cross Society Rohtak were present in the said camp.

16 University level workshop on Health & Hygiene (Regarding Health, Hygiene and Pain management) for YRC Counsellor and Volunteers.

M.D. University Youth Red Cross organised one day University level workshop on Health and Hygiene (Regarding Health, Hygiene and Pain management) for YRC Counsellor and Volunteers on 17-3-2015 at Radha Krishnan Shabhagar. About 475 YRC counsellors and volunteers participated in this workshop. The workshop was inaugurated by Er. H.S. Chahal Vice Chancellor cum Chairman YRC Committee, M.D.U. Rohtak. The workshop was intended to create awareness regarding Health, Hygiene and Pain Management. Prof. Radhey Shyam Programme Co-ordinator YRC, welcomed the Chief Guest and other guests and participants. The main trainees in the workshop were.



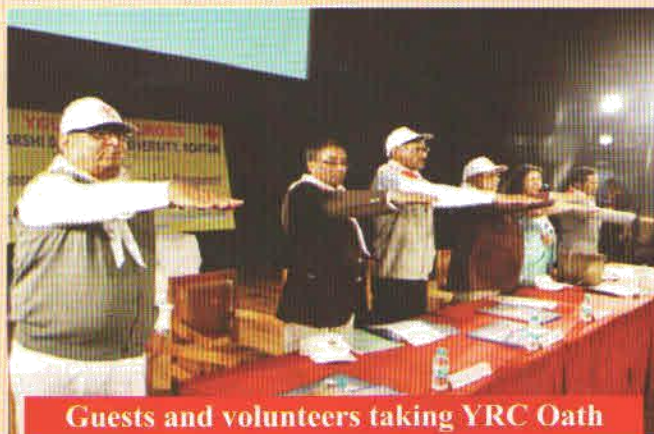
Arrival of the Chief Guest Er. H.S. Chahal and other Guests.

1. Prof. Rajbir Singh Dean Students Welfare, M.D.U. Rohtak.

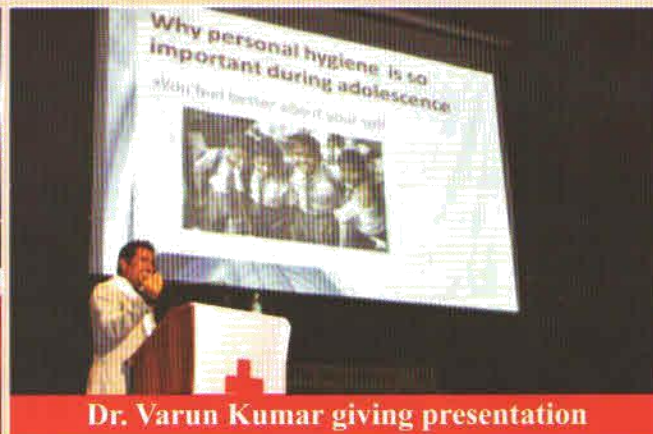
2. Prof. S.N. Ghosh, Department of Psychology, Himachal University Simla.

3. Dr. Varun Kumar, Department of Anaesthesiology, Pt. B.D. Sharma Medical College Rohtak.

4. Prof. Radhey Shyam, Programme Co-ordinator, M.D.U. Rohtak.



Guests and volunteers taking YRC Oath



Dr. Varun Kumar giving presentation

17. Health Check Up Camp for Girls on 16-4-2015 at Girls Hostel, M.D.U. Rohtak.

University Youth Red Cross M.D.U., Rohtak organized an Eye, Dental and Blood (Anaemia) check up camp in Mini Health Centre at Girls Hostel complex, M.D.U. Rohtak on 16-4-2015. The Camp was inaugurated by Dr. V.K. Jain, Pro-Vice Chancellor Pt. B.D. Sharma Health Science University Rohtak and presided over by Prof. Sunita Malhotra Dean Academic Affairs and Prof. Indra Dhull, Dean College Development Council, was the Guest of Honour. 318 girl's students attended the said camp for their health check up. Doctors and Paramedical staff was got deputed from the PGIMS, Rohtak for the said



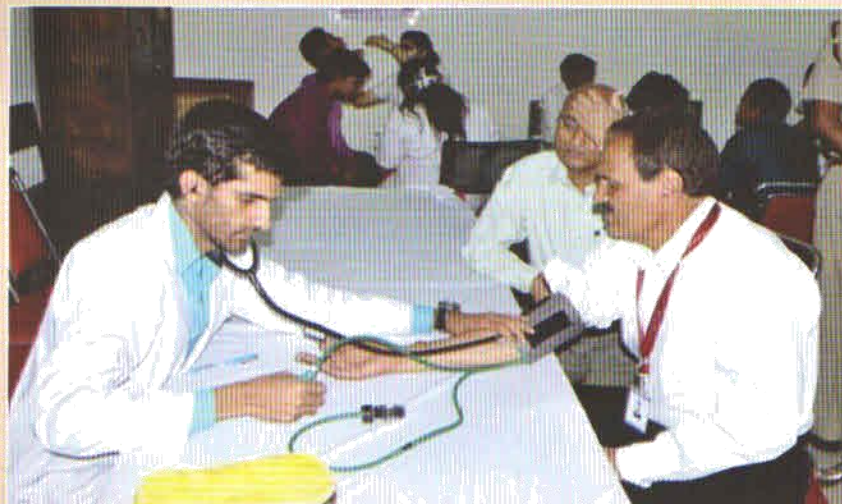
camp. Dr. V.K. Jain while addressing the students said that it is the duty of each one of us to keep oneself fit and got our health examined from time to time. This camp provided the opportunity to the hostel inmates to get their health check up done. Prof Sunita Malhotra and Prof. Indra Dhull, lauded the efforts of YRC, M.D.U. Rohtak for taking care of health of students by providing them opportunity for health examination that too at their door step Prof. Rajesh Dhankar, Provost Girls, Wardens of girls hostels were present. Prof. Radhey Shyam welcomed the Chief Guest and other guests and conveyed thanks to Dr. V.K. Jain Pro Vice Chancellor Pt. B.D. Sharma University of Health Science, Rohtak for deputing staff from Medical College for this camp, and supporting YRC.



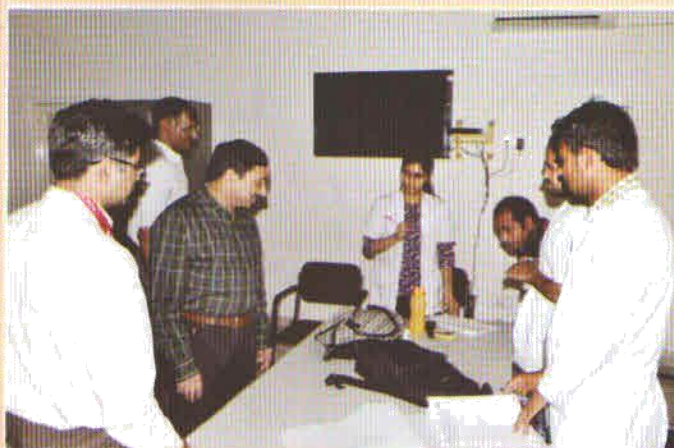
Prof. V.K. Jain Chief Guest and others in the Health Camp

18. Health Check Up Camp for Boys on 17-4-2015 at Activity Centre, M.D.U. Rohtak.

University Youth Red Cross M.D.U. Rohtak organized an Eye, Dental and Blood (Anaemia) check up camp at Student's Activity Centre M.D.U. Rohtak on 17-4-2015. The Camp was inaugurated by Dr. S.P. Vats Registrar, M.D.U. Rohtak and Prof. Rajbir Singh Dean Students Welfare, M.D.U. Rohtak. Dr. Rotash Yadav, Director, PGIMS. visited and inspected the camp and appreciated the arrangement and working of camp and said that this camp is useful for the students. Dr. S.P. Vats Registrar, M.D.U. Rohtak, got himself examined in the camp. He got his blood sugar checked, dental examination done in the camp. Keeping in view the importance of camp he advised to organise such camps from time to time, so that maximum students could be benefited. A total of 425 students attended the said camp for their health check up. A team of doctors and paramedical staff was got deputed from the PGIMS, Rohtak for the said camp. Ophthalmologist in the camp observed that some of the students requiring vision glasses are not wearing them and the dentists team headed by Dr. Manju Nath Deptt. of Public and Health Dentistry, Govt. Dental College, Rohtak observed that around 50% students had deposits at lower and anterior and were advised for scaling. This camp was very useful for the students, Prof. Radhey Shyam, Programme Co-ordinator said that M.D.U. Youth Red Cross shall keep on organizing such camps for the students and employees of the University. Prof. A.S. Varma, Provost Boys and wardens of boys hostel remained present the camp.



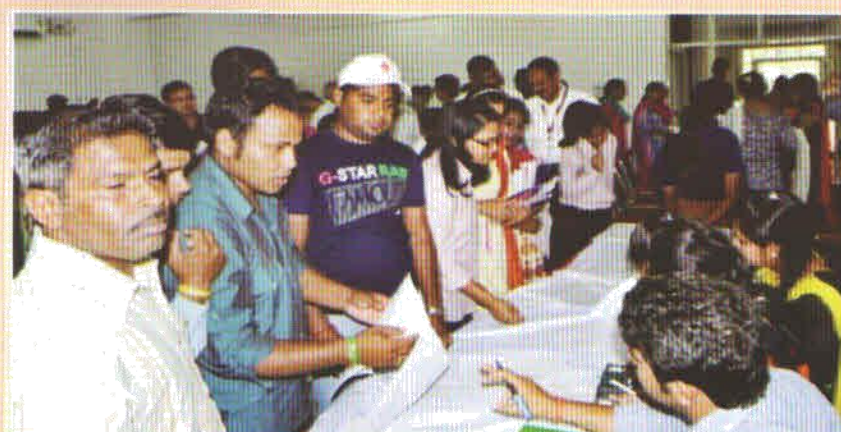
Dr. S.P. Vats Registrar M.D.U. getting his BP Checked at Health Camp at Student's Activity Centre



Dr. Rohtas Yadav, Director, PGIMS Rohtak, Inspecting Health Camp at Student's Activity Centre



Dr. S.P. Vats Registrar, and Prof. Rajbir Singh, DSW, Inaugrating Health Camp at Student's Activity Centre



Students and Staff Members getting registered for health Check up at Student's Activity Centre



**YOUTH
RED CROSS**

19. Eye Check up, Eye Donation and Eye care Awareness Training camp for students(Boys& Girls) and Teaching and Non Teaching Staff of UTD and Affiliated Colleges of M.D.U. Rohtak.

University Youth Red Cross, M.D.U. Rohtak organised an Eye Check up, Eye Donation and Eye Care Awareness and Training Camp for students (Boys& Girls) and teaching and non teaching staff of UTD and affiliated colleges on 23-4-2015 at YRC office, M.D.U. Rohtak. The camp was inaugurated by Dr. Markendey Ahuja an eminent ophthalmologist of the country and Vice Chancellor, Baba Mast Nath University Rohtak. A total 246 students and staff member attended the said camp. Dr. Ahuja made a detailed PPT presentation regarding eye care and the importance of eye donation. He advised to organise such camps from time to time, so that maximum students could be benefited. His presentation was so impressive that about 40 students/staff members donated their eyes. A team of doctors and Paramedical staff was got deputed from PGIMS Rohtak for the said camp. Prof Radhey Shyam Programme Co-ordinator YRC welcomed the chief guest and other guests. Dr. S.S.Yadav, YRC Counsellor conveyed thanks to the chief Guest and other guests.



Dr. Markandey Ahuja(Chief Guest) and Prof. Sunita Mahlotra (Guest of Honor) and others taking YRC Oath

20. Celebration of world Red Cross Day i.e. 8th May 2015.

8th May is Birth Day of Sr. Jean Hery Dunaut Founder of Red Cross ,which is being celebrated throughout the world as Red Cross Day, Keeping in view the importance of world Red Cross Day, Youth Red Cross, M.D.U. Rohtak celebrated the day by organizing a programme on 8-5-2015. About 50 Youth Red Cross volunteers from University teaching departments participated in the celebration. Dr. S.P. Vats Registrar, M.D.U. Rohtak was the Chief Guest on this occasion. The Chief guest and others guest offered puspanjali to sir Jean Henry Dunant. Chief Guest encouraged the volunteers for coming forward to make themselves available for the services of Humanity. About 1000 Red Cross paper flags were distributed among the students at Gate no. 1 and 2 of M.D.U. Rohtak on 8-5-2015, and this was started by chief guest. In addition to this 5000 Red Cross paper flags were sent to Heads of



Departments of M.D.U. Rohtak, for distribution among YRC volunteers free of cost on 8-5-2015 and 200000 paper flags were handed over to the Principals and YRC counsellors of various colleges during zonal level meeting for the said purpose. Dr. S.S.Yadav, Dr. Babita Khoula, Dr. Govind Singh , Dr Deepak Lathwal, YRC counsellors, Sh. Sunit Mukharjee, Director PRO, M.D.U.Rohtak. and sh. Naveen Nain PRO, were also present on the occasion. Prof Radhey Shyam Programme Co-ordinator YRC welcomed the chief guests and other guest on this occasion.

21. Adoption of Village to Organize Health Awareness and Health Screening Camp.

Resolution no. 11 of University Youth Red Cross Committee, M.D.U. Rohtak in its meeting held on 2-9-2014 was regarding organization of health check up camp at a village adopted by them. The resolution was that each Zonal Convener must adopt one Village and a health awareness and screening camp be organised. In compliance with decision Zonal Conveners adopted the Village and organised Health awareness and screening camp with the help of concerned Secretary District Red Cross Society and Civil Surgeon Expenditure incurred to the tune of Rs. 20000/- was borne by YRC office.

Sr.No.	Name of Zone	Name of College	Name of Village	Date of Cmap	No. Of persons	Expen- diture
1	Sonepat	Hindu College of Education	Rewli	15-12-2014	200	5380.00
2	Rewari	K.L.P. College	Fideri	16-2-2015	180	9192.00
3	Jhajjar	Govt. P.G. Nehru College	Kamalgarh	19-2-2015	240	10650.00
4.	Palwal	Saraswati Mahila Maha Vidyalya,	Kuslipur	7-4-2015	260	-

Prof. Radhey Shyam, Programme Co-ordinator Youth Red Cross, M.D.U. Rohtak visited the camp held at village Kuslipur during the camp. These camps were appreciated by the Village Panchayats and people of villages as the camps were very useful for village population.

22. Zone Level Meeting of Principal and Y.R.C. Councillors.

To create awareness regarding Youth Red Cross, activities rules and regulation of Y.R.C. at College level Zone level Meetings were organised as under:-

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Sr No.	Date of Meeting	Zone	Venue of Meeting	Under the Chairman ship	No. of Principals/ Counsellors Participate
1	15-9-2014	Palwal	Saraswati Mahila Mahavidyalya Palwal	Principal, Saraswati Mahila Mahavidyalya, Palwal	10
2	10-10-2014	Rewari	K.L.P.College Rewari	Prof. Radhey Shyam, Progrmme Co-ordinator Youth Red Cross, M.D.U.	20
3	5-11-2014	Faridabad	D.A.V. Cen ture College Fridabad	Prof. Radhey Shyam, Progrmme Co-ordinator Youth Red Cross, M.D.U.	21
4	14-11-2014	Gurgaon	Govt. College Sec -9 Gurgaon	Prof. Radhey Shyam, Progrmme Co-ordinator Youth Red Cross, M.D.U.	13
5	14-11-2014	Sonipat	Hindu College of Education Sonapat	Principal, Hidhu College of Education, Sonapat	12
6	16-1-2015	Jhajjar	Nehru G.C.Jhajjar	Prof. Radhey Shyam, Progrmme Co-ordinator Youth Red Cross, M.D.U.	13
7	22-1-2015	M/garh	Govt. College Mohindergarh	Principal, G.C. Mohindergarh	15
8	30-3-2015	Rohtak	Pt. N.R.S.Govt. College Rohtak	Principal, Pt. N.R.S. College Rtk.	18
9		Bhiwani	-	-	-
10		Mewat	-	-	-



**YOUTH
RED CROSS**

23. Health Awareness Training Camp for YRC volunteers (Boys) at Dhanachuli(Uttarakhand) from 26-5-2015 to 01-06-2015

The second out of the state Health Awareness and Training Camp for the boys was held at M.D. University, Youth Centre Cum Holiday Home at Dhanachuli (Nanital). Thirty Three boys from UTD and affiliated colleges participated in the Camp. Dr. Sanjay Gupta, Associate Professor, Vaish College , Rohtak and Dr. B.S. Panwar, Associate Professor, Pt. NRS Govt. College, Rohtak were the teacher in charge of the camp. Sh. R. S. More, Field Organizer YRC coordinated the training related activities during the camp. Besides the other activities the YRC volunteers organized one road safety rally at Dhanachuli and one HIV/AIDS awareness rally at Nanital. The YRC volunteers also witnessed the activities organized by District Red Cross Society Nanital. The Camp was highly successful and all the participants were satisfied.



YRC volunteers at Dhanachuli in a seven day out of state training camp

24. Health Awareness Training Camp for YRC volunteers (Girls) at Mussoorie (Uttarakhand) from 08-06-2015 to 14-06-2015.

As per YRC committee resolution the second out of the state Health Awareness and Training Camp for girls was organized at Youth Hostel Mussoorie (Uttarakhand). Thirty three YRC volunteers(girls) from UTD and affiliated colleges participated in the said camp. Dr. Babita Khosla, YRC Counsellor UTD (Department of Environmental Sciences) was the teacher Incharge and sh. R.S. Mor Field Organizer coordinated the activities. The the YRC volunteers visited the Uttarakhand Red Cross Office and also had a glance at the activities undertaken by them. Dr. I.S. Pal, Hon. Secretary, Indian Red Cross Society State Branch, Uttarakhand gave a detailed presentation about the activities. The activities undertaken by the branch at the time of 2013 disaster were appreciated by one and all. Sh. R.S. Verma, Chairman, Managing Committee of State Branch was also present and addressed the participants.



**Sh. I.S. Pol, Hon. Secretary IRCS State Branch
Uttarakhand and YRC Prog. Co ordinator Prof. Radhey Shyam
in a YRC Training Camp at Youth Hostel Mussoorie**

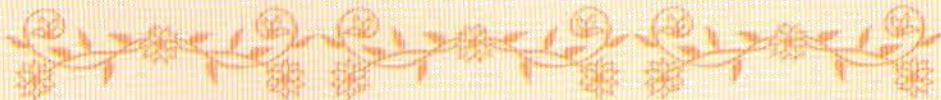
25. SEVEN DAYS HEALTH/AWARENESS TRAINING CAMP AT M.D.U ROHTAK

A Seven days Health awareness and Training camp of YRC Volunteers was Organized by M.D.U. Youth Red Cross from 18-6-2015 to 24-6-2015 at M.D. University Campus Rohtak. For the First three days i.e. on 18, 19 and 20 June the Volunteers were given Yoga training by The University Yoga Teacher Dr. Jagwanti Deswal and other trained yoga experts. On the occasion of **1st International Yoga Day** i.e. 21 st June, 2015, these volunteers along with others performed Yoga in the Lawns in front of the Vice Chancellor's Secretariat behind the IIM building. After the Yoga session the volunteers reassembled in the DDE Conference Hall at 9.00 am and Participated in a **One Day University Level Seminar on "Yoga and Holistic Life"**. On 22, 23 and 24 June the camp activities were conducted in the YRC Office itself. This second phase of the camp was inaugurated by Prof. Nasib Singh Gill, Head Dept. Of Computer Sc. And Application and Director Distance Education, M.D.U. Rohtak. The Volunteers were trained by, Sh. J.N. Gehlaut, Distt. Red Cross Secretary (Rtd.), Sh. R.P. Saini, Distt. Red Cross Secretary (Rtd.), Sh. Radhey Shyam Saini, Sh. D.S. Saini, Lect. First Aid and Home Nursing, Dr. S.S. Yadav, Dept. Of Environmental Sc. M.D.U., Dr. Pradeep Rehdu, Child Psychologist, Department of Pediatrics, PGIMS, Rohtak, Prof. Radhey Shyam, Department of Psychology, M.D.U. Rohtak, Sh. Manjul Paliwal, Social Worker, Dr. Rajesh Kundu, Dept. of Public Administration, M.D.U. Rohtak. The Camp was coordinated by Mr. R.S. More, YRC Field Organizer, supported by Mr. Balwan Singh and Mr. Gaurav. The Valedictory function of the camp was addressed by Prof. Gajender Singh, Principal, College of Pharmacy, University of Health Sciences, Rohtak as a Chief Guest.



Prof. Naseeb S. Gill addressing the YRC volunteers

A total of 49 YRC volunteers from University Teaching Departments and Local colleges affiliated to M.D. University participated in the camp. The camp was highly successful and all the YRC Volunteers were highly satisfied.



YRC volunteers working on Group task



Sh. Sudhir Rajpal ,Vice Chancellor and other University dignitaries practicing Yoga

26. Sawachta Abhiyan

M.D.University YRC Volunteers participated in the **Sawachta Abhiyan** Launched by M.D.University, Rohtak on 23.06.2015. The Abhiyan was Inaugrated by Dr. S.P. Vats, Registrar. The volunteers took a round of the campus and cleaned the lawns and roadside by picking rags and papers and spread the message of cleanliness amongst the University Fraternity and Masses. A total 50 YRC Volunteers headed by Prof. Radhey Shyam, YRC Prog. Co ordinator, participated in the Camp. Dr. S.S. Yadav, YRC Counsellor,Field Organizer, Mr. R.S. More, Mr. Balwan Singh also took part in it.